

Shaklee® Vita-Lea® Multivitamin – Clinically Tested – Proven results.



Information compiled by: Jeffrey Whittaker

- The AMA (American Medical Association) recommends that everyone needs to supplement with at least a multi-vitamin. Additional studies show that even when eating a balanced meal 3 times a day, adults are still lacking in Calcium, B Vitamins, Vitamin E and other essential micronutrients.
- 1 in 3 adults currently takes a multi-vitamin. Does your multi-vitamin guarantee the results ours does?
- No other company has the research and proven results that Shaklee® Vita-Lea® has behind it.
- So whether you are concerned about Osteoporosis, Homocysteine levels, improved immune support or general health. You can be assured of proven results with Shaklee® products.

References:

Effects of Calcium and Micronutrients on Premenopausal and Postmenopausal Bone Loss. J Am Med Assoc 1980;244:1915 (abstract).

Effects of Vitamin/Mineral Intervention on Increasing Bone Density of Postmenopausal Women. 4th European Nutrition Conference. The Hague, Netherlands 1983 (abstract).

Some Effects of Vitamin and Mineral Supplementation in Healthy Young Women. Spiller, Pattison, Jensen, Wong, Whittam, Scala. Fed Proc 1985;44:1283 (abstract).

Multivitamin-mineral Supplementation: Effects on Blood Chemistries of College-Age Women. Spiller, Pattison, Jensen, Wong, Whittam, Scala. Acta Vitaminol Enzymol 1985;7:217-22.

Calcium Nutrition and Skeletal and Alveolar Bone Health. Albanese, Lorenze, Edelson. Nutr Rep Int 1985;31:741-55.

Training for Cross-Country Skiing and Iron Status. Haymes, Puhl, Temples. Med Sci Sports Med 1986;18:162-7.

Dietary Supplements. Jensen, Briggs. J Am Med Assoc 1987;258:908-10.

Effect of Age and Fractures on Bone Loss and Calcium Needs of Women 45 to 85+ years of Age. Albanese, Edelson, Lorenze, Wein, Carroll. Nutr Rep Int 1985;31:1093-115.

Homocysteine Lowering in Men and Women with Normal Plasma Homocysteine Levels. Spiller, Bruce, Jensen. J Am Coll Nutr 1998;17:530 (abstract).

Effect of Long-Term Vitamin-Mineral Supplements on Immune Response in Older Healthy Adults. Spiller, Whittam, Bruce, Morse, Chernoff, Jensen. J Am Coll Nutr 1998;17:511 (abstract).

Improvement in Folate Indices in Blood and Seminal Plasma Following Vitamin Supplementation in Smokers and Nonsmokers. Wallock, Tamura, Ames, Johnston, Gretz, Jacob. Experimental Biology 1999:671.10 (abstract).

Information compliments of: www.newwavefitness.com

New Wave Fitness, Inc., 5330 N MacArthur Blvd Ste 154-111, Irving, TX 75038
866-230-5460, info@newwavefitness.com

